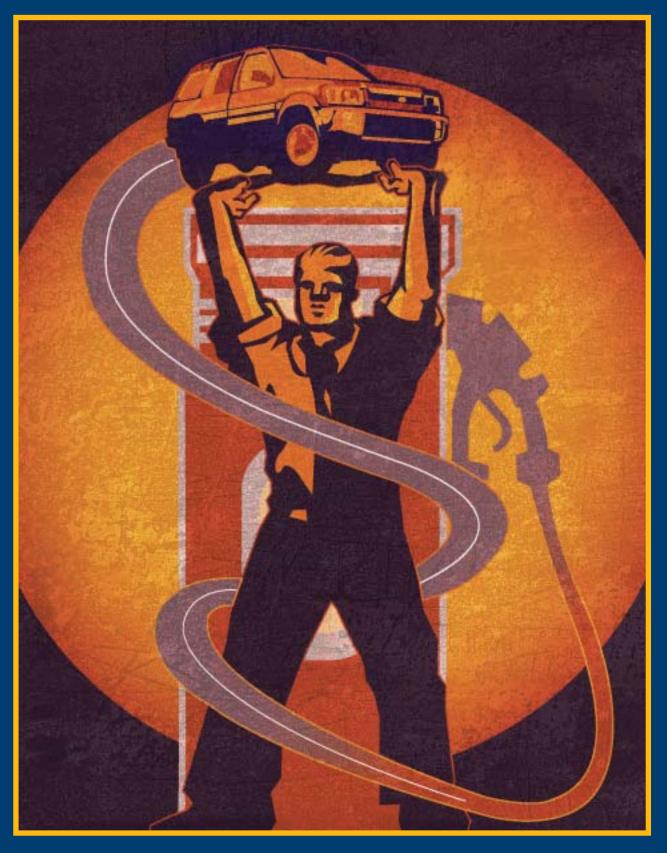
FLEX YOUR MUSCLE

with Clean Energy Exercises



A WORKBOOK FOR MIDDLE SCHOOL STUDENTS



This workbook was created by SunLine Transit Agency and the Schatz Energy Research Center at Humboldt State University with funding from the South Coast Air Quality Management District and others. Our goal is to introduce you to the wonderful world of sustainable energy. We hope you come to understand energy concepts and to appreciate our energy resources. At the same time, have fun and stay connected to the Earth! *Answers to all problems are on page 11.*

WHO WE ARE

Located in the Coachella Valley of Southern California, SunLine is a leader in clean transportation. The agency was the first in the world to convert all its diesel buses overnight to buses powered by clean natural gas. Today SunLine operates vehicles that run on natural gas and hydrogen, as well as other clean fuel mixtures. We believe one day soon you will be driving cars powered by the same clean fuels.

The Schatz Energy Research Center, located on California's rugged North Coast, has the mission of promoting the use of clean and renewable energy. Our small group of environmental engineers created the nation's first fuel cell powered car, whose only byproduct is pure water. At Schatz, we're preparing for a sustainable energy future by working on renewable energy projects that use our specialty fuel cells for clean, back-up power.



Automobile Emissions

Visit the following Environmental Protection Agency website: http://www.epa.gov/otaq/05-autos.htm. Read the first page, which is about automobile emissions. Then fill in the blanks in the story using the words below.

hydrocarbons

polluter

Although it seems that emissions from an individual car are small, the millions of cars on the roamake the personal automobile the single greatest The power to move a car comes from burning fuel in an The	dant hydrogen made at SunLine.	byproducts nitrogen heart disease	ozone combustion eyes engine
The	•		
The following pollutants are byproducts of combustion: hydrocarbons, nitrogen oxides, carbon monoxide, and carbon dioxide.	·	•	
monoxide, and carbon dioxide.	The	of combustion produce po	llution.
only partially. Nitrogen oxides (NOx) are formed when and oxygen ator from the air react under the high pressure and temperature conditions in an engine. Nitrogen oxides and hydrocarbons both help to form, a major component of smo Ozone irritates the, damages the, and aggravates respiratory problems. It is our most widespread urban air pollution problem. Carbon monoxide is a product of incomplete Carbon monoxide reduces the flow of oxygen in the bloodstream and is particularly dangerous to persons with		roducts of combustion: hydroc	arbons, nitrogen oxides, carbon
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does not directly impair human health, but is a		·	rly dangerous to persons with
			anair human haalth, hut is a

carbon dioxide

lungs



Car Calculations

What kind of car does your family own? Find out how many mpg your car gets by visiting the following website: www.fueleconomy.gov/feg/findacar.htm. Then you can estimate how many gallons of gasoline you use each year, assuming your family drives 5,000 miles a year. It's easy! Just follow the example:

Car: Hundai Accent Your Car: __ Miles Per Gallon:_____

Miles Per Gallon (mpg): 36 mpg (highway)

$$\left(\frac{5,000 \text{ miles}}{\text{year}}\right) \times \left(\frac{1 \text{ gallon}}{36 \text{ miles}}\right) = \frac{139 \text{ gallons}}{\text{year}}$$

$$\left(\frac{5,000 \text{ miles}}{\text{year}}\right) \times \left(\frac{1 \text{ gallon}}{36 \text{ miles}}\right) = \frac{139 \text{ gallons}}{\text{year}} \qquad \left(\frac{5,000 \text{ miles}}{\text{year}}\right) \times \left(\frac{1 \text{ gallon}}{\text{miles}}\right) = \frac{\text{gallons}}{\text{year}}$$

Next, calculate how much money your family spends on gas for that car in one year. Again, just follow the example. (Note: you may want to check the price of gasoline near you to be more accurate.)

$$\left(\frac{139 \text{ gallons}}{\text{year}}\right) \times \left(\frac{\$1.25}{\text{gallon}}\right) = \frac{\$173.75}{\text{year}}$$

$$\left(\frac{\text{gallons}}{\text{year}}\right) \times \left(\frac{\$}{\text{gallon}}\right) = \frac{\$}{\text{year}}$$

$$\left(\frac{\text{gallons}}{\text{year}}\right) \times \left(\frac{\$}{\text{gallon}}\right) = \frac{\$}{\text{year}}$$

Now, calculate how many pounds of carbon dioxide (CO₂) are produced in one year from the use of your car. 20 pounds of CO₂ are released for every gallon of gasoline burned.

$$\left(\frac{139 \text{ gallons}}{\text{year}}\right) \times \left(\frac{20 \text{ lbs. CO}^2}{\text{gallon}}\right) = \frac{2780 \text{ lbs. CO}^2}{\text{year}} \quad \left(\frac{\text{gallons}}{\text{year}}\right) \times \left(\frac{20 \text{ lbs. CO}^2}{\text{gallon}}\right) = \frac{\text{lbs. CO}^2}{\text{year}}$$

Car Challenge

(Use a separate piece of paper if necessary.)

Part 1:

Using the calculation techniques we practiced above, calculate:

- 1) dollars spent
- 2) CO₂ produced in a car that gets 45 mpg. Now do the same for a car that gets 18 mpg. Assume the cars travel 5,000 miles each year. a) How much money do you save if you use the car that gets more miles per gallon? b)How many pounds of CO2 do you avoid putting into the air?

Part 2:

In 1995 there were 179,659,000 cars and light trucks on the road in America. Assume that each vehicle got an average of 20 miles per gallon. Calculate:

1) how many gallons of gasoline and how much money the nation would save if every car and light truck got 1 mpg more and drove 5,000 miles that year.

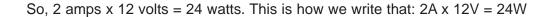


Amps, Volts & Watts

Watts (W) is a unit of power, just like horsepower. With cars we use horsepower, but with electrical appliances we use watts. These are measures of how much "umph" is behind an activity. A 60W light bulb draws three times as much power as a 20W light bulb. A 60W incandescent light bulb is brighter than a 20W incandescent light bulb.

Amps, or current, is a measure of electron flow rate. **Volts** is a measure of pressure behind the electrons.

amps x volts = watts



Your house has 120-volt electricity coming through the wall outlet. Fill in the blanks below for the power needed by these appliances:

blow dryer	12A x 120V=	_ W
flashlight bulb	0.25A x 3V=	_ W
toaster	7A x 120V=	_ W
electric drill	12.5A x 120V=	_ W
blender	2A x 120V=	_ W
small radio	0.1A x 120V=	_ w
refrigerator	4A x 120V=	_ W
computer	1.5A x 120V=	W



Kilowatts

A thousand watts is a kilowatt (kW): 1,000W = 1 kW

Fill in the blanks below.

a portable tuel cell that uses ydrogen to generate electricity.

a portable fuel cell

$$3,000 W =$$
 _____kW $2,500 W =$ ____kW

Based on your answers from page 5, match each appliance to its power.

0.84 kW blow dryer

0.18 kW toaster

1.44 kW electric drill

0.48 kW blender

0.24 kW refrigerator

1.5 kW computer



Watt-hours

Many people get confused between kilowatts and kilowatt-hours. But you don't need to be confused. See for yourself. It's easy!

One watt for one hour is one watt-hour: $1W \times 1h = 1Wh$. Also, one kilowatt for one hour is one kilowatt-hour.

$1 \text{ kW} \times 1 \text{hr} = 1 \text{kWh}$



Watt-hours and kilowatt-hours are measures of the amount of energy consumed by an appliance.

Power x Time = Energy

Let's consider watts and watt-hours. A 40 W light bulb that is on for 2 hours consumes 80 watt-hours. This is different from having a light bulb that requires 80 watts. 80 watts is the amount of power a light bulb might use, and 80 watt-hours is the amount of energy a 40 W light bulb uses if it is on for 2 hours. How many watt-hours are consumed when:

you play a 10W radio for 2 hours:

10 W x 2 h = ____Wh

you run a 30W light for 3 hours:

____W x _____h = _____Wh

your 1500W microwave runs for 0.25 hours:

_____W x _____h = _____Wh

your 60W stereo runs for 2 hours:

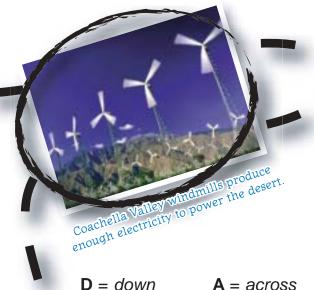
_____W x ____h = _____Wh

your 250W computer runs for 3 hours:

_____W x ____h = _____Wh

your 80W TV runs for 1.5 hours:

____W x ____h = ____Wh



Renewable Energy

Visit the following website: http://www.energy.ca.gov/education/renewableroad/index.html and read the "Discover California's Energy" section under each major heading. Then complete the crossword puzzle on the next page.

There are five kinds of renewable energy: SOLAR, WIND, GEOTHERMAL, BIOMASS and HYDROELECTRIC.

This puzzle deals with the first three.

SOLAR
The $___$ (6D) has been an energy source since the beginning of time. When we hang laundry outside to dry in the sun we are using the sun's heat to do $___$ (19A).
Plants need the sun's light to make (18D). This process is called (8D). Photo means " " (4D), and synthesis means "to " (7A) two different things together to make something new.
The sun can be used to (13A) water in homes and businesses. Sunlight can even (17D) food! We can change the sunlight to electricity by using solar photovoltaic cells. They are called " " (16D) for short. Photo means light and "voltaic" is a word for electricity.
Electrical energy from solar cells can be used directly in a home. Small PV cells are used on many small (15A), like calculators, as well as space satellites, billboards or an emergency roadside telephone.
WIND
Wind is another kind of energy that makes things work. You can't see the wind, but when it blows you can feel it push against your (24D).
(25D) use wind energy to push their way through the water. Farmers have been using wind energy for many years to pump (22A) from wells. Today, wind is used to make electricity.
Blowing wind spins the blades on a wind turbine – just like a large toy (21D). The spinning (23A) turn a generator that makes electricity.

California has many areas that are windier during the (27A).	$_{--}$ (26A) most of the year. In these	e areas, it is often
GEOTHERMAL		
Geothermal means " (12A) heat. Deep, underground, water sometimes comes close to the		
hot rock and gets so hot it becomes (2A).	4 3	
This hot water can reach(5A)		
of more than 300 degrees Fahrenheit, which is hotter than (3A) water.	5 8 7 7	10
When this hot water comes up through a crack in the earth, it's called a (9A)	9	11
or hot spring. Some of this hot water can be (20A) up from the ground to heat buildings.	13	
In some areas of California there is so much steam and hot water that it is used	18	
to generate (10D) . The hot steam or water is pumped from below ground	22	
to a power plant where it's used to turn (11D)	24	
to make electricity. Forty-six of California's 58 counties have some type of geothermal (1D).	26	



Word Search

Can you find the words?

They might go up, down, diagonally, or backwards!

Α	Н	В	R	N	I	D	S	Р	L	F	Ε	K	W	С	N
н	L	D	Е	Н	В	R	J	Н	Т	U	R	В	-	N	Ε
Υ	X	Т	Z	С	G	Е	0	Т	Н	Е	R	M	Α	L	0
D	Υ	Α	Ε	Α	D	J	L	K	1	L	0	W	Α	Т	Т
R	Ε	٧	U	R	M	Т	K	D	W	С	٧	R	Т	Р	Υ
0	S	0	X	Q	N	٧	T	Α	G	Ε	Z	P	Υ	Н	U
Ε	С	L	Ε	Α	N	Α	1	R	D	L	F	J	L	Y	K
L	Z	Т	M	W	Ε	R	Т	Т	Y	L	W	1	N	D	U
Е	-	S	_	0	P	Α	В	_	0	M	A	S	S	R	S
С	D	F	S	G	Н	J	L	K	V	Z	X	С	V	0	В
Т	N	M	S	0	L	Α	R	Q	W	Ε	Ν	Е	R	G	Υ
R	Е	R		T	D	M	С	V	F	R	F	В	В	Е	G
Т	Ν	Н	0	Y	М	Р	J	U	K	_	٦,	U	0	N	Р
С	Z	A	N	Q	X	S	S	W	С	D	Ε	S	Е	V	F
R	В	G	S	Н	N	Н	Υ	M	J	U	K	I	0	L	L
P	R	F	V	R	Ε	N	Ε	W	Α	В	L	Ε	Т	G	S

ALTERNATIVE FUELS

BUS

CAR

CLEAN AIR

EMISSIONS

ENERGY

FUEL CELL

HYDROGEN

SOLAR

TURBINE

VOLTS

AMPS

/ (IVII O

KILOWATT

RENEWABLE

WIND

GEOTHERMAL

BIOMASS

HYDROELECTRIC

Answers

KILOWATTS 3,000 W = 3 kW 2,500 W = 2.5 kW 1,800 W = 1.8 kW 2,000 W = 2.0 kW 500W = 750W = 0.5 kW 0.75 kW 1,200 W = 1.2 kW 100W = 0.1 kW 42,700 W = 35,820 W = 35.82 kW42.7 kW 12,500 W = 65,000W = 12.5 kW 65 kW 167,500W = 167.5 kW210,750W = 210.75 kWblow dryer -0.84 kW toaster-0.18 kW 1.44 kW electric drill 0.48 kW blenderrefrigerator-0.24 kW

RENEWABLE ENERGY

computer

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G H	R C						
T E M	ΡЕ	R A	T	U	R E		
	H O	С	0	М	ВІ	U N	E
	T O						L
GEY	SΕ	R		Τ			L E C T R
	Y N	E	Α	U R	ТН		T
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A P P L	I A	N C	E	S			Υ
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W	АТ	ER					
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AUTO EMISSIONS

Although it seems that emissions from an individual car are small, the millions of cars on the road make the personal automobile the single greatest **POLLUTER**.

The power to move a car comes from burning fuel in an **ENGINE**.

The **BYPRODUCTS** of combustion produce pollution.

The following pollutants are byproducts of combustion: hydrocarbons, nitrogen oxides, carbon monoxide, and carbon dioxide.

HYDROCARBONS result when fuel molecules in the engine do not burn or burn only partially. Nitrogen oxides (NOx) are formed when NITROGEN and oxygen atoms from the air react under the high pressure and temperature conditions in an engine.

1.5 kW

Nitrogen oxides and hydrocarbons both help to form OZONE, a major component of smog. Ozone irritates the EYES, damages the LUNGS, and aggravates respiratory problems. It is our most widespread urban air pollution problem.

Carbon monoxide is a product of incomplete COMBUSTION. Carbon monoxide reduces the flow of oxygen in the bloodstream and is particularly dangerous to persons with HEART DISEASE.

CARBON DIOXIDE does not directly impair human health, but is a "greenhouse gas" that traps the earth's heat and contributes to global warming.

WATT-HOURS

you play a 10W radio for 2 hours:	10 W x 2 h = 20 Wh
you run a 30W light for 3 hours:	30 W x 3 h= 90 Wh
your 1500W microwave runs for 0.25 hours:	1500 W x .25 h = 375 Wh
your 60W stereo runs for 2 hours:	60 W x 2 h = 120 Wh
your 250W computer runs for 3 hours:	250 W x 3 h = 750 Wh
your 80W TV runs for 1.5 hours:	80 W x 1.5 h = 120 Wh

CAR CHALLENGE

PART I
$ \left(\frac{5,000 \text{ miles}}{\text{year}}\right) \times \left(\frac{1 \text{ gallon}}{45 \text{ miles}}\right) = \frac{111 \text{ gal}}{\text{year}} / \frac{111 \text{ gal}}{\text{year}} \left(\frac{\$1.85}{\text{gal}}\right) = \$205.35 / \text{yr} / \frac{111 \text{ gal}}{\text{year}} \left(\frac{20 \text{ lbs CO:}}{\text{gal}}\right) = \frac{2,220 \text{ lbs}}{\text{CO:} / \text{yr}} $
$ \left(\frac{5,000 \text{ miles}}{\text{year}}\right) \times \left(\frac{1}{18} \text{ miles}\right) = \frac{278 \text{ gal}}{\text{year}} / \frac{278 \text{ gal}}{\text{year}} \left(\frac{\$1.85}{\text{gal}}\right) = \$514.30 / \text{yr} / \frac{278 \text{ gal}}{\text{year}} \left(\frac{20 \text{ lbs CO}_2}{\text{gal}}\right) = \frac{5,560 \text{ lbs}}{\text{CO}_2 / \text{yr}} $
a) \$514.30 - \$205.35 = \$308.35 saved by driving car getting 45 mpg
b) 5,560 lbs CO ₂ - 2220 lbs CO ₂ = 3,340 lbs CO ₂ avoided if driving car getting 45 mpg
PART 2
$\left(\frac{5,000 \text{ miles}}{\text{year}}\right) \times \left(\frac{1 \text{ gallon}}{20 \text{ miles}}\right) = \frac{250 \text{ gallons}}{\text{year}} \qquad \left(\frac{5,000 \text{ miles}}{\text{year}}\right) \times \left(\frac{1 \text{ gallon}}{21 \text{ miles}}\right) = \frac{238 \text{ gallons}}{\text{year}}$
20 mpg = 250 gal/yr 250 – 238 = 12 gallons saved/car 21 mpg = 238 gal/yr 12 gal yr (179,659,000 cars) = 2,155,908,000 gal. gas saved
$\frac{250 \text{ gal}}{\text{year}} \left(\frac{\$1.85}{\text{gal}} \right) = \$462.50/\text{yr} (20 \text{ mpg}) \qquad \frac{238 \text{ gal}}{\text{year}} \left(\frac{\$1.85}{\text{gal}} \right) = \$440.30/\text{yr} (21 \text{ mpg})$
\$462.50 - \$440.30 = \$22.20 (179,659,000 cars) = \$3,988,429.800 saved

WORD SEARCH

A	Н	В	R	N	Ι	D	S	Р	L	F	Е	K	W	С	N
H	户	D	Е	Н	В	R	J	Н	$\overline{ \mathbf{A} }$	U	R	В	Ι	N	E
Υ	X	T	Z	C	G	Ε	0	Т	Н	Е	R	M	Α		0
D	Υ	A	E	Α	D	J	L	K	Τ	L	0	W	Α	Т	T
R	Ε	V	U	R	M	Т	K	D	w	С	٧	R	Т	Р	Υ
0	s	0	Х	Q	N	٧	T	Α	G	Е	Z	Р	Υ	H	U
Е	C	L	E	Α	N	A	Á	R	D	L	F	J	L	Υ	K
L	Z	Т	М	W	Е	R	T	Ţ	Υ		W	Ι	N	D	U
Е	_	S	I	0	Р	Α	B	Z	0	М	Α	S	S	R	s
С	D	F	S	G	Н	J	L	K	V	Z	Х	С	٧	0	В
Т	Z	М	S	0	L	Α	R	Q	W	E	Z	Е	R	G	Y
R	Е	R	I	Т	D	М	С	٧	F	R	F	B	В	Е	G
	N	Η	0	Υ	М	Р	J	U	K	Т	L	Ú	9	Z	Р
C	Z	Α	N	Q	Х	S	S	W	С	D	Е	S	E	٧	F
R	В	G	S	Т	N	Н	Υ	М	J	U	K	ı	0	Ĺ	L
Р	R	F	٧	R	E	N	Ε	W	Α	В	L	E	Т	G	3

AMPS, VOLTS & WATTS

blow dryer	12A x 120V= 1440 W
flashlight bulb	0.25A x 3V= 0.75 W
toaster	7A x 120V= 840 W
electric drill	12.5A x 120V= 1,500 W
blender	2A x 120V= 240 W
small radio	0.1A x 120V= 12 W
refrigerator	4A x 120V= 480 W
computer	1.5A x 120V= 180 W

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